



## CARROTS - EPISODE #1

Tired of enduring Gilbert's taunts about her red hair, Anne resolves to do something about it. While her results are initially disastrous, Anne manages to reverse her mistakes. She emerges with a more balanced attitude about herself

### **Learning Objective**

Empathizing, comforting those we care about, and feeling good about who we are remain important aspects of social and emotional skill development. In addition, these activities will strengthen:

Language and Literacy Skills Development.

## **Talking About the Episode**

Encourage children to describe what this statement means, "What makes us different can make us beautiful?" Use their comments to talk about the episode and Anne's insecurities.

- Why does Anne feel bad about her red hair? Should she?
- How were her friends making fun of her (Her friends were making fun of her by calling her Carrots)? How do you think that made her feel?
- Are there things you feel self-conscious about? Why?

#### Windows to the World

Use the power of storybooks to help children understand that we all have to learn to believe in ourselves. After reading each of these stories, encourage children to retell the story and describe not only the characters, but also the meaning and importance of each story.

## Purple Hair? I Don't Care! by Dianne Young

A whole town is surprised to overhear that there's a baby in Mrs. Della Ragon's belly that has purple hair, and many other odd characteristics, but Mrs. Della Ragon will love her baby no matter what.



# CARROTS - EPISODE #1 (CONTINUED)

The repetition and rhythm of this book is wonderful for beginner readers and the surprise ending still is a surprise no matter how many times you read it.

## All the Magic in the World by Wendy Hartman

Teased by the other children when she stumbles on stairs and falls out of trees, Lena feels very small and clumsy. Joseph the odd-job man shows her how to make beautiful things from found materials and helps her to find the magic within herself.

#### Knots on a Counting Rope by Bill Martin, Jr. and John Archambault

Named Boy-Strength-of-Blue-Horses, a blind Native American boy asks his grandfather who he is. The grandfather uses a counting rope to recount many amazing things the boy has accomplished during his life, and in the process builds his confidence.

#### **Trading Cards**

Use the popularity of trading cards as an activity to encourage children to identify unique aspects of themselves!

You'll need: index cards or oak tag, rulers, scissors, paste, and a photograph of each child.

Have children measure and cut an index or oak tag card 2 1/2 inches by 3 1/2 inches. Then paste his or her photograph on one side of the card. Using a colour copy of a photograph will enable children to make more than one trading card-one to keep, others to share. Have them write information about themselves on the back. Provide a format for the information they should include such as: name, age, birthplace, favourite book, favourite food and have children decorate the cards. Then laminate the cards or cover them with clear contact paper. Have children share their cards with one another.